

Schema

| | måndag | tisdag | onsdag | torsdag | fredag | lördag | söndag | | | | |
|---------------|------------|------------------------------|---------------------|-------------|-----------|------------|------------|-----|---------------------------|--|-------------|
| 7 | | | | | | | | | | | |
| 08.00 - 08.30 | Hockeygymn | | | | Hockeygym | | | | | | |
| 08.30 - 09.00 | | | | | | | | | | | |
| 09.00 - 09.30 | | | | | | | Mv-Träning | bkk | | | |
| 09.30 - 10.00 | | | | | | | | | | | |
| 10.00 - 10.30 | | | | | | Hockeyskoj | | | | | |
| 10.30 - 11.00 | | | | | | | | | | | |
| 11.00 - 11.30 | | | | | | U10 | | | | | |
| 11.30 - 12.00 | | | | | | | | | | | |
| 12.00 - 12.30 | | | | | | | | | | | |
| 12.30 - 13.00 | | | | | | | | | | | |
| 13.00 - 13.30 | | | | allmänheten | | | | | | | |
| 13.30 - 14.00 | | | | | | | | | | | |
| 14.00 - 14.30 | | | | | | | | | | | |
| 14.30 - 15.00 | | | | | | | | | | | |
| 15.00 - 15.30 | | | | | | | | | | | |
| 15.30 - 16.00 | bkk | bkk | Hockeygymn | bkk | bkk | | | | Jun match Fagersta AIK | | |
| 16.00 - 16.30 | | | | | | | | | | | |
| 16.30 - 17.00 | | | | | | | | | | | allmänheten |
| 17.00 - 17.30 | | | | | | | | | | | |
| 17.30 - 18.00 | | | | | | | | | | | |
| 18.00 - 18.30 | U10 | U12 | | | U10 | | Veteran | | | | |
| 18.30 - 19.00 | | | U12 Match Järvsö | | | | | | | | |
| 19.00 - 19.30 | A-lag/Jun | A-lags match Söderhamn IK | | U14 | U12 | | | | | | |
| 19.30 - 20.00 | | | | | | | | | | | |
| 20.00 - 20.30 | U14 | | | A-lag/Jun | | | | | | | |
| 20.30 - 21.00 | | | | | | | | | | | |
| 21.00 - 21.30 | | | Veteran | | | | | | | | |
| 21.30 - 22.00 | | | | | | | | | | | |

A-lag SHK HC b

U16 Borlänge b
U14 Alfta b

U12 järvsö b

b)